

MISSION STATEMENT

We provide accessible, high quality, comprehensive primary health care for the medically underserved, regardless of ability to pay, and conduct high quality programs in health professions education through collaborative partnerships.

heartlandchc.org



October is Breast Cancer Awareness Month! We at Heartland Community Health Clinic encourage every woman to practice breast self awareness on a monthly basis. Doing monthly breast self-exams. If you are age 40 or older, get regular mammograms. Heartland is the Illinois Breast and Cervical Cancer Program Lead Agency serving Women in Marshall , Woodford and Peoria Counties providing free mammograms and Pap test along with certain follow-up diagnostic tests

Call 309-495-8620 for more information

Trouble signs should not be ignored

EARLY DETECTION SAVES LIVES!

Do your monthly breast self-exams. If you are age 40 or older, get regular mammograms. Trouble signs that should not be ignored:

- Lumps, hard knots or thickening in any part of the breast.
- Unusual swelling, redness or darkening that does not go away
- Change in the size or shape of your breast
- Dimpling or puckering of the skin of your breast
- An itchy, scaly sore or rash on the nipple
- Pulling in of the nipple or other parts of the breast
- Nipple discharge that starts suddenly
- Pain in one spot that does not vary with monthly cycle

If you notice *any* of these problems in your breast or underarm area, make an appointment to show them to your healthcare provider *right away!*



HEARTLAND – EAST BLUFF
2321 N. WISCONSIN AVE.
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(309) 680-7600

HEARTLAND - CARVER CLINIC
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HEARTLAND – SOUTH
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HEARTLAND – HUMAN SERVICE CENTER
228 NE JEFFERSON AVENUE.
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(309) 671-8000

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Why are screening mammograms so important

Except for skin cancers, breast cancer is the most common form of cancer in women. However, if it is detected while still in its earlier stages, breast cancer can be successfully treated. Routine mammograms and breast exams can detect cancer early and provide women with better treatment options and results.

The Illinois Breast and Cervical Cancer Program offers free mammograms, breast exams, pelvic exams and Pap tests to eligible women. Even if a woman has already been diagnosed with cancer, she may receive free treatment if she qualifies. The program has been providing breast and cervical cancer screenings to the women of Illinois since 1995.

Does the Illinois Breast and Cervical Cancer Program offer any treatment options?

Yes. Women who are enrolled in the IBCCP and diagnosed with cancer through the program's screenings and tests are eligible to receive treatment benefits.

If a woman is not enrolled in the Illinois Breast and Cervical Cancer Program but has been diagnosed with cancer, can she still receive free treatment?

Yes, women who meet IBCCP eligibility requirements but are diagnosed outside the current IBCCP sites go straight into the treatment program. This gives women more choices and also avoids penalizing women who did not know about the program but who were screened and diagnosed by their doctor, community health center or other health care facility.

For additional information, call (309) 495-8620.



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