



MARY TISDALE, APN, CNM

WOMEN'S SERVICES
HEARTLAND- EAST COURT

MARY JOINED THE HEARTLAND TEAM IN 2016. AS A CERTIFIED NURSE MIDWIFE, SHE HAS A STRONG BELIEF IN THE NATURALNESS OF PREGNANCY, LABOR AND DELIVERY. SHE BELIEVES IN INVOLVING WOMEN IN EVERY DECISION RELATED TO THEIR HEALTHCARE AND IS A STRONG SUPPORT SYSTEM FOR ALL PREGNANT MOMS. MARY IS AN AVID ST. LOUIS CARDINALS FAN AND ENJOYS SPENDING TIME WITH HER HUSBAND, 4 CHILDREN, 10 GRANDCHILDREN AND 2 DOGS.

EDUCATION

BACHELOR OF SCIENCE IN NURSING
ILLINOIS WESLEYAN UNIVERSITY

MASTER OF SCIENCE IN NURSING
UNIVERSITY OF ILLINOIS AT CHICAGO

BOARD CERTIFICATION

AMERICAN MIDWIFERY CERTIFICATION BOARD